

Sports & Recreation

Autism Youth Sports League

www.autismyouthsportsleague.org

P.O. Box 362
San Dimas, CA

Phone: 909-284-8989

Big Fun Gymnastics

www.bigfungymnastics.com

BIG FUN is the ultimate playground for special needs individuals of all ages. We offer families throughout southern California occupational therapy services, gymnastics, swimming, after-school enrichment programs, social skills, camps, art classes, parent and me, activities for autistic children, social skills training for autism, and more. First-class individual sessions as well as group classes are conducted on a daily basis.

3710 South Robertson Blvd, Suite 225
Culver City, CA 90232

Locations: See website for various program locations.

Phone: 310-837-7849

E-Mail: info@bigfungymnastics.com

Casa Colina's Therapeutic Recreation and Outdoor Adventures

www.casacolina.org/Community-Services/Outdoor-Adventures.aspx

Casa Colina's Therapeutic Recreation and Outdoor Adventures is a program that focuses on empowering people with disabilities by creating opportunities through challenging and exciting activities.

255 East Bonita Avenue
Pomona, CA 91767

Phone: 909-596-7733

Toll-Free: 866-724-4127

FAX: 909-593-0153

TDD-TTY-Q: 909-596-3646

Challenger Baseball – Alta Loma

www.altalomalittleleague.org

Phone: 909-262-1735, Kelly Ellis

E-Mail: baseballmom3@charter.net

Challenger Baseball - Glendora

Glendora National Little League

www.leaguelineup.com

Foundation for Disabled Youth

www.ffdy.org

Foundation for Disabled Youth provides year around activities such as:

- *Monthly birthday celebrations*
- *Skiing events in cooperation with Big Bear Mountain*
- *Trips to Sea World, Disneyland, the circus, the aquarium, etc.*
- *Seasonal activities including Dragonboat Racing, Taekwondo classes, Horseback Riding, Animal Therapy, Cooking class, Easter picnic, parties celebrating various holidays, etc.*
- *Weekly educational classes including, but not limited to: Music, Art, Physical Activities, Crafts-making, preparation for On-Stage Performance*

St Mark's Chinese Lutheran

807 Turnbull Canyon Road

Hacienda Heights, CA 91745-1400

Phone: 626-968-2169

E-Mail: ffdycares@gmail.com

Lineage Dance Studios

www.lineagedance.org

Outreach classes are offered on a weekly basis for those in our community living with Parkinson's, Cancer, and Down Syndrome. Through generous grants from the Pasadena Independent Schools Foundation (PISF) and the Pasadena Arts League (PAL), "Club 21: Dancing with Down Syndrome" are now offered at no cost.

89 South Fair Oaks Avenue

Pasadena, CA 91105

Phone: 626-844-7008

When: Mondays @ 4:30pm – Club 21: Dancing with Down Syndrome*

*All classes are FREE

PazNaz – The First Church of the Nazarene of Pasadena

www.paznaz.org

In His Image is dedicated to the spiritual, physical, and emotional needs of God's unique children, adults, and their families. It is designed to provide an environment of acceptance and belonging for all individuals with special needs, so they may experience the love of Jesus and excel to their greatest potential, becoming all that God desires them to become.

Redeemer Lutheran Church

3700 East Sierra Madre Boulevard
Pasadena, CA 91107

Contact: 626-351-2485, Pastor Julie Keith
Email: jkeith@paznaz.org
Phone: 626-351-9631
Fax: 626-351-5160
E-Mail: info@paznaz.org

Redeemer Lutheran Church

www.redeemer4me.com

The Church has a Sunday school program for children who have cognitive and/or physical challenges. Bible lessons, crafts, games and social skills.

920 West 6th Street
Ontario, CA 91762

Phone: 909-986-2615
Phone: 909-896-3567, Monica Hidalgo

Saint Dorothy Church

www.stdorothychurch.com

*S.M.I.L.E. – **Special Members In the Lord's Eyes** – A ministry to serve the needs of special need's children and adults in religious education and within all church activities and functions.*

241 South Valley Center Avenue
Glendora, CA 91741

Phone: 626-335-2811
E-Mail: bmartin@stdorothy.org

Special Olympics

www.sosc.org

Special Olympics Southern California provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities.

1600 Forbes Way – Suite 200
Long Beach, CA 90810

Phone: 562-502-1100

FAX: 562-502-1119
E-Mail: info@sosc.org