

Welcome, Dr. Scott Turner, SELPA Executive Director Announcements, Tavia L. Lawson, CAC Chair <u>https://linktr.ee/ESGVSELPACAC15</u> <u>https://captain.ca.gov/families.html</u>





CAPTAIN C.L.I.C. Introductions

Jennifer Wolfe, CAPTAIN Regional Implementation Lead; ESGV SELPA Autism Program Coordinator

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Daniela Santana, CAPTAIN CLIC Cadre, Director Client Services, San Gabriel Pomona Regional Center

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www.captain.ca.gov

Shea Estrada-CAPTAIN CLIC Cadre, - Pomona SELPA

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Evidence Based Practice Training: Parent Implemented Intervention (PII)

Adapted from Sam, A., & AFIRM Team. (2015). Parent-Implemented Intervention. Chapel Hill, NC: National Professional Development Center on Autism Spectrum Disorder, FPG Child Development Center, University of North Carolina. Retrieved from

https://afirm.fpg.unc.edu/parent-implemented-interventions





What is CAPTAIN

The California Autism Professional Training And Information Network (CAPTAIN) is an interagency network developed to support the understanding and use of evidence based practices (EBPs) for individuals with Autism across the state of California.





What is CAPTAIN

Marin County SELPA in partnership with CAPTAIN, are members of the Statewide System of Support as the Special Education Content Lead for Autism.

This project is funded by the California Department of Education and the California Collaborative for Educational Excellence.











Before We Begin...

Please complete the Pre Training Survey sent to your email





Core Components: Learning Objectives

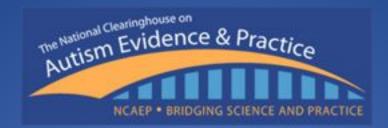
- Define Parent Implemented Intervention (PII)
- Define the skills and learners PII can be used for
- Describe the steps and strategies to implement PII







What are Evidence Based Practices?



NCAEP definition of an EBP:

"Focused intervention practices that have evidence of efficacy in promoting positive outcomes for learners with ASD." LINK: https://ncaep.fpg.unc.edu/

Steinbrenner, J. R., Hume, K., Odom, S. L., Morin, K. L., Nowell, S. W., Tomaszewski, B., Szendrey, S., McIntyre, N. S., Yücesoy-Özkan, S., & Savage, M. N. (2020). Evidence-based practices for children, youth, and young adults with Autism. The University of North Carolina at Chapel Hill, Frank Porter Graham Child Development Institute, National Clearinghouse on Autism Evidence and Practice Review





Evidence Based Practice Matrix (28 EBPs)

Table 3.7 Matrix of evidence-based practices, outcomes, and age categories

| Evidence-Based | | ader | nic/ Iemic | Ad | laptiv elf-he | ve/ elp | In | alleng terfe ehav | | Co | ogniti | ive | | omm | | ā | Joi | nt ition | | Ment healt | | 1 | Moto | r | | Play | | | Schoo | | det | Self- ermina | ition | | Socia | I | Voo | atio | nal |
|---|-----------|------------|---------------|-----------|------------------|-------------|-----------|-------------------------|-------------|-----------|------------|-------------|-----------|------------|-------------|-----------|------------|-------------|-----------|---------------|-------------|-----------|------------|-------------|-----------|------------|-------------|-----------|------------|-------------|-----------|-----------------|-------------|-----------|------------|-------------|-----------|------------|-------------|
| Practices See Table 3.1 to link abbreviations to EBPs | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 vears | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years | 0-5 years | 6-14 years | 15-22 years |
| ABI | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AAC | | | | | | | | | | | | | | | | | | | | _ | | | | | | | | | | | | | | | | | | | |
| BMI | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CBIS | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| DR | | | | | | | | | | | | | | | | | | | | | | | | _ | | | | | | | | | | | | | | | |
| DI | | | | | | | | | | | | 1 | | | | | | | | | | | | | | 2 | | | | | | | | | | | | | |
| DTT | | | | | | | | | | | | - | | | _ | | | | | | | | | | | | | | | | | | | | | | | | |
| EXM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| EXT | | | | | | | | | | | | | | | | | | | | _ | | | | | | | | | | | _ | | | | | | _ | | |
| FBA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| FCT | | | | | | | | | | | | | | | | | _ | | | | _ | | | | | | | | | | | | | | | | | | |
| MD | | | | | | | _ | | | | | _ | | | | | | | | _ | | | | | | | | | | | _ | | | | | | | _ | |
| MMI | | | | | | | - | | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| NI | | | | | | - | _ | | | | | | _ | | _ | - | | | _ | | - | _ | | | | | | | | _ | | | | | | | | _ | - |
| PII | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| PBII | _ | | | | 7 | | | | | | | | | - | - | - | - | _ | | - | | | - | | | | | - | | | | | | | | | | | _ |
| PP | | | | | - | | | | | | | | | | - | - | - | | | - | | | | | | | | | | | | | | _ | | | | | |
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CAPTAIN California Autism Professional Training and Information Network

AVAILABLE ON CAPTAIN WEBSITE



Evidence Based Practices Matrix

| Fridan Barro | D. | Acad | - C - C - C - C - C - C - C - C - C - C | | dapti elf-h | | Ir | nteri | ngin ferin avior | g | Co | eniti | ve | | mmu catior | | at | Join Itent | | | Me hea | ntal alth | | N | Aoto | , | | Play | | 1.11 | Schoo adine | | , det | Self | ation | | So | cial | | Vo | ation | nal |
|-------------------------------------|----------|------|---|----------|----------------|----------|----|----------|------------------------|----------|----------|----------|----------|----------|---------------|----------|----------|---------------|----------|----------|-----------|--------------|----------|----------|----------|----------|----------|----------|----------|----------|----------------|----------|----------|----------|----------|----------|----|----------|----------|----------|----------|----------|
| PII | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| to link abbreviations to EBPs | 0-5 year | 114 | 15-22 ye | 0-5 year | 6-14 yea | 15-22 ye | 10 | 6-14 ves | 5 L | 13-22 ye | 0-5 year | 6-14 yea | 15-22 ye | 0-5 year | 6-14 yea | 15-22 ye | 0-5 year | 6-14 yea | 15-22 ye | 0-5 year | 1 | 1 | 15-22 ye | 0-5 year | 6-14 yea | 15-22 ye | 0-5 year | 6-14 yea | 15-22 ye | 0-5 year | 6-14 yea | 15-22 ye | 0-5 year | 6-14 yea | 15-22 ye | 0-5 vear | | 6-14 yea | 15-22 ye | 0-5 year | 6-14 yea | 15-22 ye |





Evidence (Age and Domains) Source: https://ncaep.fpg.unc.edu/



| | | | | Age Ra | nges | | |
|--------------|---|-----------------|---------------------|---------------------------|------------------------|----------------------|-----------------------|
| Outcome Area | as | 0-2 Toddlers | 3-5 Preschoolers | 6-11 Elementary School | 12-14 Middle School | 15-18 High School | 19-22 Young Adults |
| | Communication | 1 | 1 | 1 | 1 | 1 | |
| = | Social | 1 | 1 | 1 | 1 | 1 | |
| ¥ | Joint attention | 1 | 1 | | | | |
| - 75 | Play | 1 | 1 | 1 | | | |
| | Cognitive | 1 | 1 | | | | |
| | School readiness | 1 | 1 | 1 | | | |
| | Academic/ Pre-academic | 1 | 1 | | | | |
| | Adaptive/ self-help | 1 | 1 | ~ | 1 | | |
| Σ Ω | Challenging/ Interfering behavior | 1 | 1 | ~ | 1 | 1 | |
| <u>چ</u> بچ | Vocational | | | | | | |
| | Motor | 1 | 1 | | | | |
| (FT) | Mental health | 1 | 1 | 1 | 1 | | |
| CLE S | Self- determination | | | | | | |





<u>Selecting Evidence Based Practices</u> (EBPs)

Before beginning a new practice with a learner, it is important to follow four planning steps

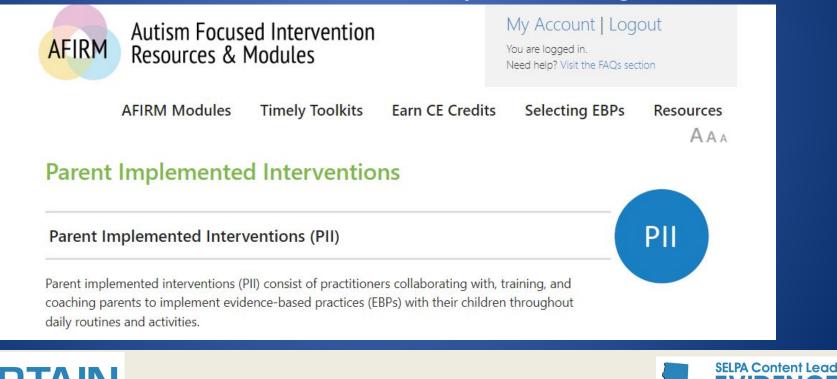
- 1. Identify the behavior
- 2. Collect baseline data on the behavior
- 3. Establish an observable and measurable goal
- 4. Choose an EBP
 - Consider the child and family characteristics
 - Consider the teacher and team characteristics
 - Consider other available resources





High Quality Training: <u>Autism Focused Intervention Resources and Modules</u> (AFIRM)

Designed to help you learn the step-by-step process of planning for, using, and monitoring EBPs with learners with Autism from birth to 22 years of age



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Training and Information Network

Definition of Parent Implemented Intervention NCAEP Report April 2020

- Parents are the primary person using an intervention with their own child
- Practitioners teach parents about the EBP
- Parent's role is to use the invervention practice to teacher their child new skills
- Parents often implement other EBPs as well.





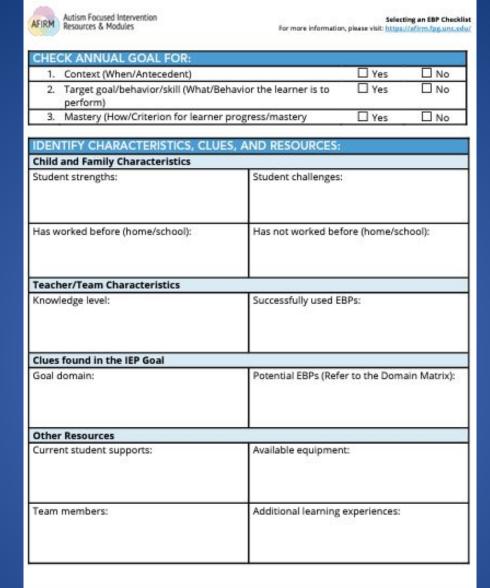


Selecting an EBP Checklist

| Selecting a | n EBP Checklist | AFIRM |
|--|---|------------------|
| server(s): get Goal/Behavior/Skill (short | Date/Time: | |
|). | t to select an appropriate practice to use with | une rearrier wit |
| RGET GOAL/BEHAVIO | R/SKILL: | |
| | | |
| | | |
| | | |
| | | |
| | | |
| SELINE DATA (OR USE | SELECTING AN EBP DATA COLL | ECTION |
| equency/Duration | | Total |
| equency/burblion | | Total |
| | | 1 |
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| BSERVABLE AND MEA | ASURABLE IEP GOAL: | - |
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The National Professional Development Center

CONTRACTOR.

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Selecting an EBP

Page 2 of 3

AFIRM Team, 2020-R



SELECT AN EBP:

IF APPLICABLE, IDENTIFY ADDITIONALS EBPS TO BE USED WITH THE SELECTED EBP: Image: Reinforcement (R+) Image: Prompting (PP) Image: Task Analysis (TA) Image: Time Delay (TD) Image: Functional Behavior Image: Time Delay (TD)

ADDITIONAL NOTES:

Assessment (FBA)







AFIRM

Autism Focused Intervention Resources & Modules

Parent Implemented Intervention (PII) ---Step-by-Step Guide---

BEFORE YOU START ...

Each of the following points is important to address so that you can be sure the selected EBP is likely to address the learning needs of your student.

Have you found out more information about. . .?

 Established a goal or outcome that clearly states when the behavior will occur, what the target skill is, and how the team will know when the skill is mastered...

D Identifying evidence-based practices...

If the answer to any of these is "no," review the process of how to select an EBP.

For more information, visit: www.afirm.fpg.unc.edu

This practice guide outlines how to plan for, use, and monitor the practice of **Parent Implemented Intervention**.

Keep in mind that PII can be used to decrease inappropriate behaviors and increase appropriate behaviors.

AFIRM Autism Focused Intervention Resources & Modules

What is Parent Implemented Intervention?

- Family centered approach to build family capacity
- Involves modeling, coaching, and collaborating with parents in the process of training parents to implement evidence-based practices (EBPs) throughout daily routines and activities with their children with ASD
- Can be used effectively to address social, communication, joint attention, behavior, school readiness, play, cognitive, adaptive, and academic outcomes







WE ARE IN THIS TOGETHER...

Our collective focus is student success! Our current climate calls for more collaboration & creativity than ever.

Teachers recognize that this is difficult for families; please understand that it is just as difficult for our teachers and service providers



Utilize opportunities for discussion during teacher office hours.

If you are struggling, talk to your child's teacher(s) and/or call an IEP meeting!

How can we make this learning experience meaningful for students while reducing parent, child, and educator stress? Learning should be fun!





EBPS across the day

 Practitioners and parents plan and collaborate throughout the implementation process to determine which EBP to use, which child behavior or skill to target, and when to implement the EBP.

Common Routines:

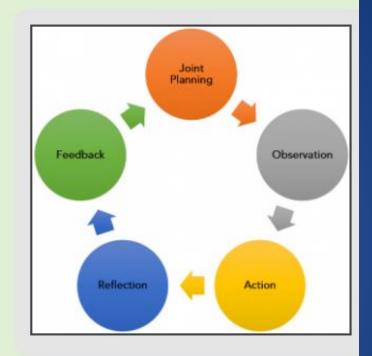
- mealtimes
- dressing
- family outings
- bath time
- anything the family would already be doing as part of their daily routine





Recommended coaching practices based on Rush and Shelden's (2011) parent coaching model include that practitioners use:

- Joint planning which includes providing parents background information related to the EBP,
- Observation of parent and practitioner model of the EBP for parents,
- 3. Action which includes encouraging parent practice and
- Reflection which includes encouraging parent self-reflection and facilitating problem solving regarding obstacles and/or barriers encountered by parents.

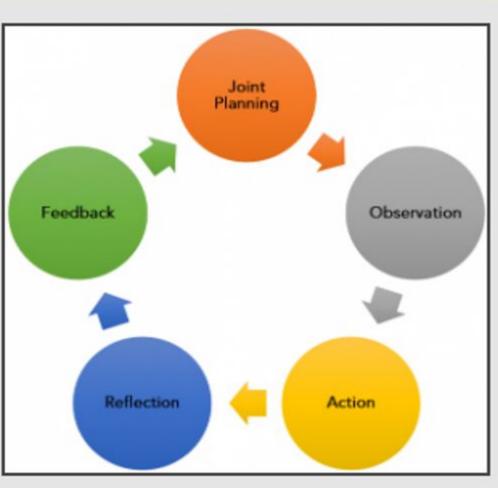


5. Feedback which includes providing live feedback to parents while practicing the EBP and feedback during conversations.¹





Recommended Coaching Practices from Rush and Sheldon(2011)







Think - Pair - Share

Think about how you have collaborated at home or school with caregivers/ educators/ service providers in the past to share information about an intervention.

For example: Did you use a specific process or was this more informal? Think Share Pair

How was that experience?

What would have made the experience better?





Goals that can be addressed using PII

Increase child social communication skills Increase child language & communication skills Decrease child problem behavior







 Teach children play routines and improve play skills

Increase parent knowledge, skills and satisfaction

Improve quality of parent-child/teen interactions

Facilitate school readiness







Benefits of PII for Parents

Using a family-centered approach may lead to increased parent self-confidence in their ability to participate in and implement the PII (i.e. parent empowerment), and may lead to decreases in parent stress.







Important components to successful family-centered practices

- family collaboration
- family capacity building







Common PII Strategies

- 1. Imitate
- 2. Follow
- 3. Allow
- 4. Play
- 5. Expand
- 6. Preferred items







Video Example of PII Strategies











Let's listen to An Elementary Speech and Language Pathologist

AFIRM Autism Focused Intervention Resources and Modules





Ready Set Go.....

Step #1 Planning

Step #2 Using

Step #3 Monitoring







Step 1: Planning for PII

SELPA Content

- Identify Strengths and area of need
- Identify Routines and Activities
- Select EBPs to target areas of need
- Discuss Selected EBP





| | | | - | | | | |
|--|--|---|--|----------------|---|--|-------------------|
| | | Parent Implemented | Target Behavior or Skill | Date / Time | Routine/ Activity (check) | Implementer (check) | EBPs Used (check) |
| Obser Autism Focused Intervention Monit | er's Name: ver(s): | of the target skill during routines and | Results & Outcomes | | Mealtime Family Outing Dressing Bedtime Playtime Bath time Other: | Mom Dad Grandma Grandpa Caregiver Other: | Visual Supports |
| | menter EBPs Used (check) | | | | | | |
| Skill Time Activity (check) (check) Image: Constraint of the state of the sta | Mom EBP: | | | | | | |
| time | | | Additional Notes: How do you think th | at went? | | | |
| Results & Outcomes: | | | Did you encounter a At which points did y | ny challer | | the EBP? | |
| Mealtime | Mom EBP: | | What could you have | e done dif | ferently? | | |
| Dressing Dedtime | Dad Dodeling Grandma Prompting Grandpa Visual Supports Caregiver Other: | | Do you feel comforta | able imple | menting this EBP? | | |
| Bath time Other: | And Controls | | Did your child respo | nd positiv | ely to reinforcers? | | |
| Results & Outcomes: | | | Did your child seem | to enjoy t | he activity? | | |
| | | | Other Notes: | | | | |
| | | | · | | | | |
| L | | | | | | | |





---PII Routines Determination---

Learner's Name: _

Observer(s):

Consider using this form to determine when to implement PII at home.

| Autism | Focused | Intervention |
|----------|----------|--------------|
| Resource | ces & Mo | dules |

AFIRM

| Routine/ Activity | Child Enjoyment Level (circle) | Barriers / Struggles? | Transition Ease Into? (circle) Transition Ease Out? (circle) | Good Fit for PII? (circle) |
|----------------------|-----------------------------------|-----------------------|---|-------------------------------|
| Morning Ro | outines | | | |
| Wake Up | 890 | | Into: NA rough so-so smooth Out: NA rough so-so smooth | Yes Maybe No |
| Dressing | 890 | | Into: NA rough so-so smooth Out: NA rough so-so smooth | Yes Maybe No |
| Mealtime | 890 | | Into: NA rough so-so smooth Out: NA rough so-so smooth | Yes Maybe No |
| Brush Teeth | 890 | | Into: NA rough so-so smooth Out: NA rough so-so smooth | Yes Maybe No |
| Other: | 890 | | Into: NA rough so-so smooth Out: NA rough so-so smooth | Yes Maybe No |

Additional Notes:

| Afternoon | Routines | | |
|-----------|----------|---|--------------|
| Playtime | | Into: NA rough so-so smooth Out: NA rough so-so smooth | Yes Maybe No |
| Mealtime | 890 | Into: NA rough so-so smooth Out: NA rough so-so smooth | Yes Maybe No |
| Nap | 8 9 9 | Into: NA rough so-so smooth Out: NA rough so-so smooth | Yes Maybe No |
| Other: | 8 😐 😡 | Into: NA rough so-so smooth Out: NA rough so-so smooth | Yes Maybe No |

Additional Notes:

Parent Implemented Intervention

National Professional Development Center on ASD 2017

1





| | | Parent Implemented Intervention (PII) | | |
|---|---|---|--|--|
| AFIRM | PII Reinforcer Checklist Learner's Name: Date/Time: Observer(s): | | | |
| Autism Focused Intervention Resources & Modules | includes some generic items/foods | o identify appropriate reinforcers. This list s/interests, but keep in mind that a interesting and motivating to the learner. | | |
| Foods for Snacks/Mealtime Ro | utines: | | | |
| □ Goldfish □ Pizza □ Chicken Nuggets □ Fruit | French Fries Pretzels Chips Cheese | Ice Cream I I I I I I I I I I I I I I I I I I I | | |
| Games for Play Routines: Peek-a-boo Chase Burrito games with a blanket | Pat-a-Cake Tickle games | | | |
| Toys for Play Routines: Trains and Cars Legos Remote controls Phones | Computer Puzzles Noisy toys Doll house | Books Books C | | |
| Activities Routines: Movies TV Shows Swimming Park/Playground | □ Restaurant □ Art □ Video Games □ Computers/Technolog | U Music | | |

For more information, visit: www.afirm.fpg.unc.edu





Know the Goals

Know the Process

Collaborate

Practice

Become familiar with your child's goals, these become your targets.

Give yourself a visual support

Knowledge + comprehension + application = independence! Talk to your teacher about how/when/wh ere in your environment that there might be "teachable moments" Use Naturalistic Interventions, modeling & prompting to incorporate learning to happen throughout the day.

- •Math is in cooking, building
- Reading is everywhere

 Social skills (game play, stories, tv shows)

Step 2: Using PII by Supporting IEP Goals at Home



1)

USING AN ACTIVITY MATRIX TO INFUSE IEP GOALS THROUGHOUT THE DAY



List the student's goal areas along the top of the matrix

2) List the daily schedule of activities along the left side of the matrix, including all routines throughout the day (lunch, etc.) In each corresponding cell write how the student will be taught and/or practice each skill during the daily activities and which EBP for ASD will be used

| DAILY ACTIVITY: | Goal Area: Functional Academics | Goal Area: Communication (Consult with SLP) | Goal Area: Social Skills (Consult with SLP) | Goal Area: Independence | Goal Area: Motor (Consult with OT) |
|--------------------|--|---|---|---|--|
| WRITING | -write CVC words -copies phrases/sentences -sequences words to make a simple sentence | -writes the words spoken to him -says words as he writes. | -shares writing utensils with sibling | -Uses "count down chart"/timer to complete tasks -Checks schedule | traces/copies/draws on lines |
| WALK | -reads street signs | -names/describes what he sees | Verbally exchanges greetings with peers/staff | -puts jacket on -checks schedule -demonstrates safety awareness, i.e.," stop", "cross", etc. Checks schedule. | -walks 15 mins with parent takes jacket on/off/zips and unzips |
| SNACK | -counts requested number of food items -reads snack words -determines how many crackers he wants/has left -follows mini-schedule | -makes choices between foods - identifies/says texture of the food, i.e., soft, hard, etc. -tells if he likes/dislikes -uses social scripts: I want more, please. | -sits appropriately next to sibling -offers snack to parent or sibling | -checks schedule -wipes table & throws away mess -washes hands before & after (follows mini-task schedule) | -opens and closes packages -uses utensil -wipes table |
| WORK TIME | -completes tasks on numbers, words, puzzles -recognizes opposites -copies/writes 1-3 word phrases | -asks for help -makes comments on what he's doing -makes request -recognizes opposites | -shares with sibling -plays cooperatively with sibling | -checks schedule -plays /works with sibling | - writes/copies/draws |





"LEARNING IS A PROCESS NOT A PRODUCT"

Learning is not a person (teachers), place (school), or thing (work).

Learning is a process (a relationship with information and connection to people who help us grow)

What are our targets? Whole child, all abilities

- Academics- Traditional reading, writing, math, etc.
- Adaptive Skills- Self-help skills including daily living, community awareness, leisure, health, etc.
- Social/Emotional- Social awareness, relationships, self-awareness, self-management/regulation
- Executive Functioning- Planning, organizing, memory, time management

We tend to get caught up on the academics, BUT if our kids don't have the other skills, then the academics are useless.





SAN GABRIEL POMONA REGIONAL CENTER (SG/PRC) & EBP's/CAPTAIN Collaboration

"Service, Supports & Advocacy for Individuals with Developmental Disabilities & Their Families"

Presented by Rosa Chavez, Associate Dir. of Family & Transition Services & Daniela Santana, Dir. of Client Services







SG/PRC Mission Statement

San Gabriel/Pomona Regional Center works in partnership with individuals with developmental disabilities, their families, service providers, and the community, to promote choice, empowerment, independence, and full inclusion into community life.

The Regional Center represents the Community in Supporting and Advancing the Intent and Entitlement of the Lanterman Developmental Disabilities Services Act through services such as assessment, advocacy, service coordination, education, training, communication, resource development and prevention services.

1 of 21 Regional Centers in California – for more information visit **SGPRC.Org**









WHAT IS SG/PRC's Role with CAPTAIN?

- Advocacy of Evidence-Based Services
- Funding of In-Home Evidence-Based Services
 - Purchase of Service Policy
 - ABA
 - Social Skills
 - Parent Training
 - 1:1 Behavior Services
 - Other
- Monitor effectiveness at time of IPP Review for cont. funding
- Observations by in-house BCBA







WHAT IS SG/PRC's Role with CAPTAIN?

Training & dissemination of EBP's with SG/PRC staff and vendor providers

- Onboarding
- Residential Services Orientation, Technical support
- Other trainings
- Internal Committees to support review of funding for EBP's
 - Bio Behavioral Consultation Committee
 - Medication Review Committee
 - Dental Desensitization Clinic
 - Other







Success Story w/ SG/PRC & CAPTAIN Collaboration/EBP's

Dental Desensitization Clinic

- Unique statewide
- Utilization of EBP's to desensitize eligible participants
- Specific dental procedures, check-ups, x-rays, cleaning
- Patients demonstrate increase in tolerance
- Sedation/Restraints for indicated procedures

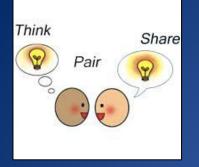
Western University Partnership

- 1st year students participation
- Utilize AFFIRM Modules, learning of EBP's AFFIRM Modules
- Dissemination of EBP's
- Potential provider in the future!











1. What are 4 things you remember from today's training?

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1. What are 2 things you see yourself doing?

1. What is the 1 thing you can implement tomorrow?





MORE RESOURCES

CAPTAIN (California Autism Professional Training and Information Network)

- AFIRM Modules (Parent Training)
- ADEPT (Autism Distance Education Parent Training)
- SELPA CAPTAIN Resources
- Using EBP in the home and community-Video

Iris Institute

Post Training Survey

Please complete the Post Training Survey

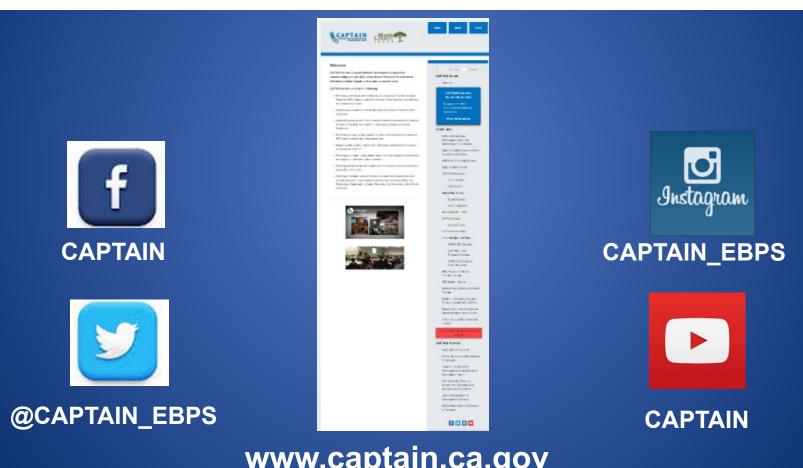


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California Autism Professional

Training and Information Network

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